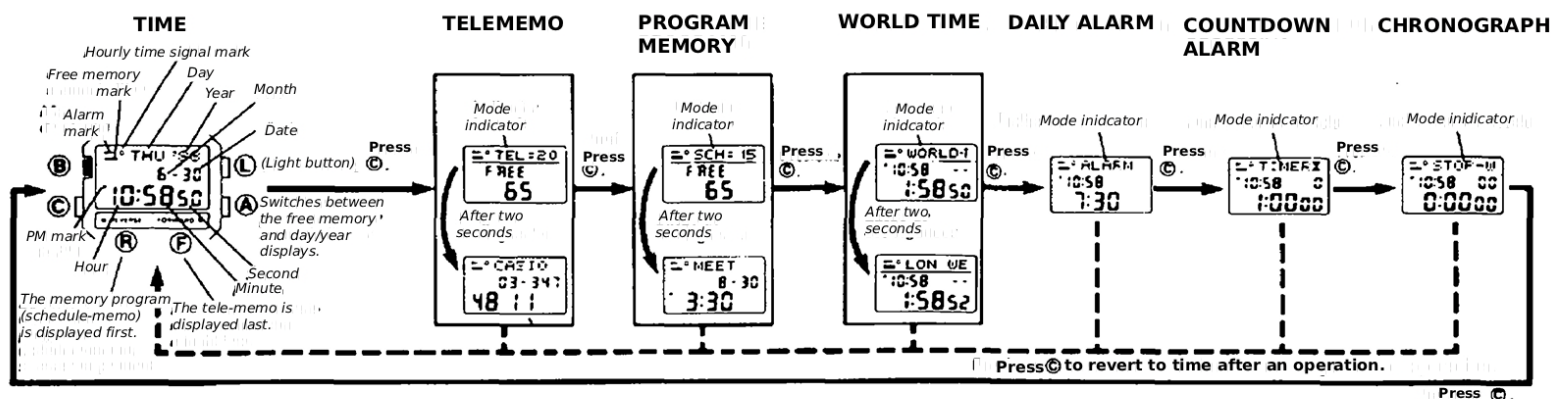


READING THE DISPLAY



FREE MEMORY OPERATION

A maximum of 50 characters can be memorised.

Press **A** during the time display to switch between the free memory and day/year displays.



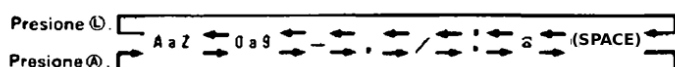
STORING DATA IN FREE MEMORY

1) Press **A** during the time display to switch to the free memory display. If data is in memory, its contents will appear. If it is not in memory, "MEMO" will appear.

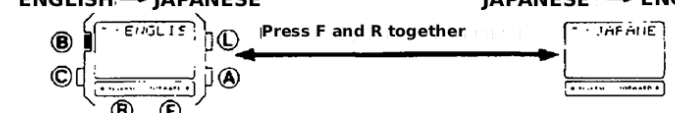
2) Press **B** to memorise new data.

* To erase all contents of free memory, press the **A** and **D** buttons simultaneously.

3) Press **A** or **D** to enter a character at the cursor position. Press and hold to move more quickly.



Note: if the F and R buttons are pressed simultaneously, the display will switch between alphabetic character and KATAKANA (Japanese symbols) input modes.
ENGLISH → JAPANESE JAPANESE → ENGLISH



4) Press **C** to move the cursor. Press and hold to move more quickly.

5) Press **B** to complete memorisation and the free memory mark will appear.

Screen scrolling
When data of more than 7 characters is entered, the text will continue to scroll from right to left to display all the contents.

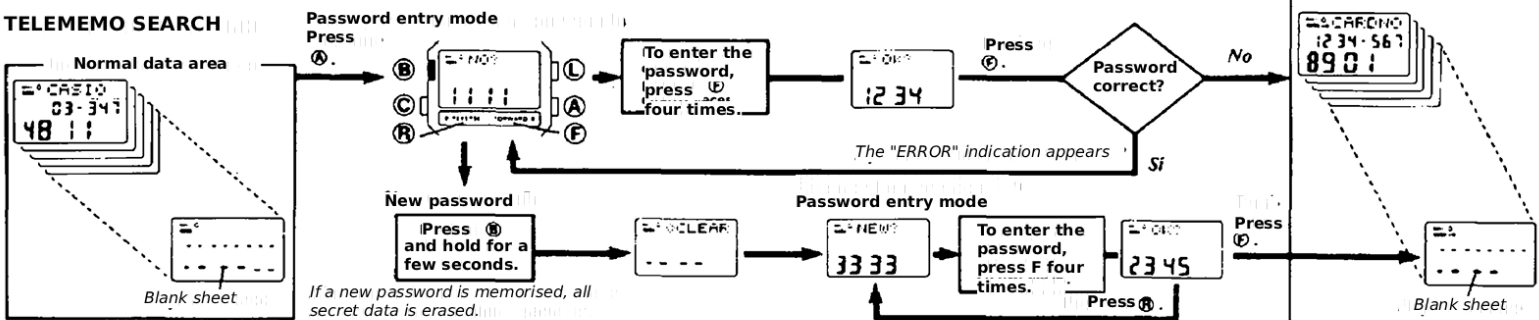
Auto recall function

If no operation is performed for a few minutes, it automatically returns to the time display.

TELEMemo OPERATION

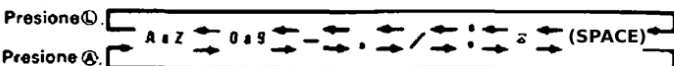
A maximum of 100 records of 8 letters and 12 numbers can be stored in memory. Press F or R to search the memory contents. Press and hold for faster searching. Used pages are automatically stored in alphabetical order. The password function keeps entries confidential.

TELEMemo SEARCH

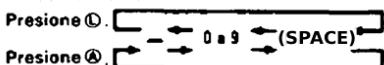


STORING NEW NUMBERS

- 1) Press F or R in the normal data area or the secret data area to search for a blank page or numbers to review.
- 2) Press B to enter new letters and numbers.
- 3) At the cursor position, a letter or number can be chosen by pressing A or L. The cursor can be moved by pressing C. Press and hold to move more quickly.



4) At the cursor position, a number can be chosen by pressing A or L. The cursor can be moved by pressing C. Press and hold to move more quickly.



Entering a series of numbers into memory

Multiple phone numbers can be entered by pressing F or R.

* To erase the entire contents of a page, press the A and L buttons simultaneously before memorising letters.

5) Press B to complete memorisation.

Scrolling the screen

When entering data of more than 7 characters, the text will continue scrolling from right to left to display the remaining characters.

Changing a password

- 1) Press L to enter password entry mode.
- 2) Press F four times to enter an old password.
- 3) Press F four times to enter a new password.

Auto recovery function

If no operation is performed for a few minutes, it automatically returns to the time display.

PROGRAM MEMO OPERATION



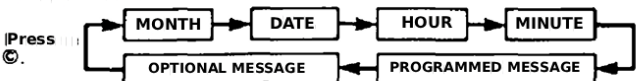
A maximum of 100 11-character message records with a preset date/time can be stored in memory. The buzzer sounds for 20 seconds at the programmed time.

PROGRAM MEMO SEARCH

When this program memo is displayed on the screen, program memo will follow. Press F to sequentially search the memo contents, and R to reverse.

PROGRAM MEMO ENTRY

- 1) Press F or R to search for a blank record or a record to revise.
- 2) Press B to enter new letters and numbers.
* To erase all contents of a page, press A and L together before memorising letters.
- 3) At the cursor position, a number or letter can be chosen by pressing A or L. The cursor can be moved by pressing C. Press and hold to move more quickly.



Seven types of preset messages
This simplifies input because it allows you to specify any of the following messages.

No.	Abrev.	Contents	No.	Abrev.	Contents
1	APPT	Appointment	5	TRAVEL	Vacation
2	DOCTOR	Doctor	6	ANV	Anniversary
3	MEETING	Meeting	7	BIRTH	Birthday
4	TEL	Phone call			

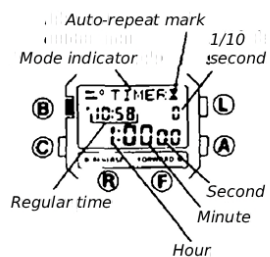
- 4) Press B to complete memorisation.

* When the date recorded in the to-do memory is passed, that entry is automatically erased.
* The record with ANV or BIRTH is not erased.

Auto recall function

If no operation is performed for a few minutes, the display automatically returns to the time.

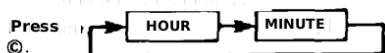
COUNTDOWN ALARM OPERATION



The countdown can be set from 1 minute to 24 hours (the display shows 0:00) and times with a precision of 1/10 second. Pressing F starts and stops the timer and is confirmed with a buzzer signal. When the display reaches zero, the buzzer will sound for 10 seconds or until any button is pressed.

COUNTDOWN TIME SETTING

- 1) Press B to set the new time.
- 2) Pressing F toggles the auto-repeat setting, shown by the hourglass icon at the top of the screen.
- 3) Press C to change which digits to adjust, indicated by flashing.



- 4) Each press of A advances the flashing digits by one, while each press of L reduces them by one. Press and hold to change more quickly.
- 5) Press B to complete the setting.

Auto recall function

If no operation is performed for a few minutes, the display automatically returns to the initial countdown timer mode.

Auto repeat function

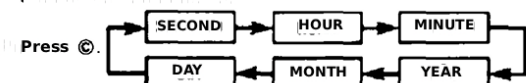
If selected, the previously entered time is recalled and started again when the display reaches zero.

Snooze function

When the display reaches zero, the previously entered time is recalled.

TIME AND DATE SETTING

- 1) Press B on the time display to set the time and date.
- 2) Press A on a time signal to correct the seconds.
- 3) Press C to change which digits to adjust, indicated by flashing.



- 4) Each press of A advances the flashing digits by one, and each press of L reduces them by one. Press and hold to change more quickly.

* Press F to switch between 12 and 24 hour formats.

** Year digits can be programmed up to 2029 by entering the last two digits. After then, set the year to 28 years earlier.

- 5) Press B to complete the setting.

Auto recovery function

The display automatically returns to the time display if left unused for a few minutes.

WORLD TIME OPERATION



You can display the current time anywhere in the world (24-city timekeeping) by pressing F or R on the World Time display. The timekeeping of the last displayed city appears first when changing the mode from regular timekeeping to world timekeeping.

WORLD TIME SETTING

When one of the local timekeeping modes is set, all other timekeeping modes are automatically set.

- 1) Press F or R on WORLD TIME to select the appropriate local time.
- 2) Press B to set the time and date.
- 3) Press C to change which digits to adjust, indicated by flashing.



- 4) Each press of A advances the digits by one, and each press of L reduces by one. Press and hold to change more quickly.

HOME CITY SETTING

Press F while in the world time setting mode to make the currently displayed city the home city. Now, whenever the home city is displayed, "--" is shown for the time difference display. For other cities, a positive or negative number will be shown, providing the time difference to indicate how many hours behind or ahead other cities are from the home city time. Using the procedure described above, the home city can be changed at any time.

- 5) Press B to complete the setting.

Auto recovery function

If no operation is performed for a few minutes, the time display automatically returns.

CHANGING TO DAYLIGHT SAVING TIME

To change to daylight saving time (+1 hour), hold A for a few seconds while in the world time mode. The daylight saving time mark "DST" is shown on the display when this setting is in effect.

Repeat the procedure to change to standard time from daylight saving time.

DAILY ALARM OPERATION

When the daily alarm is enabled, the buzzer sounds for 20 seconds at the set time, or until any button is pressed. A signal sounds every hour if the hourly time signal is enabled.

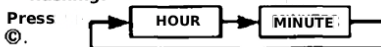
Sound demonstration

Press and hold A in the alarm mode to sound the buzzer.



SETTING THE DAILY ALARM

- 1) Press B to set the new alarm time.
- 2) Press C to change which digits to adjust, indicated by flashing.

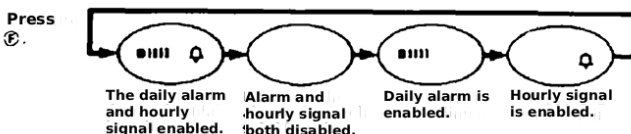


- 3) Each press of A advances the digits by one, and each press of L reduces them. Press and hold to change more quickly.
- 4) Press B to complete setting.

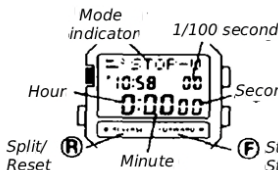
Auto recovery function

If no operation is performed for a few minutes, the display will automatically return to the time.

Enabling and disabling the daily alarm and hourly signal

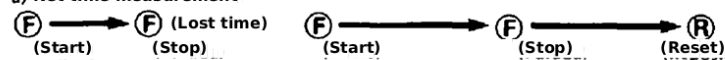


CHRONOGRAPH OPERATION

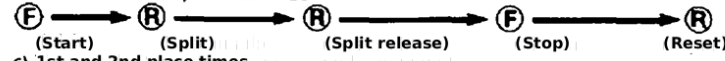


A signal confirms start/stop and split/reset operation.
(Operating range) The total elapsed time display is limited to 23 hours 59 minutes 59.99 seconds. For longer times it resets and continues.

a) Net time measurement



b) Split time measurement



c) 1st and 2nd place times

